

Job Title	Trainee Supervising Practitioner	
Service	Derby & Derbyshire	
Reports to	Team Leader	
Salary band	E	

Service Overview

Mental Health Support Teams (MHSTs) are a prevention and early intervention service designed to promote good mental health and wellbeing, and to provide support to meet the mild to moderate mental health needs of children and young people (CYP) in education settings.

MHSTs increase the CYPs mental health workforce and increase capacity to support pupils and students. Teams work alongside education staff to develop and embed a Whole School Approach (WSA) to mental health and wellbeing at all levels.

MHSTs have three core functions:

- Deliver evidence-based interventions for mild to moderate mental health issues
- Support the senior mental health lead to introduce/develop the WSA
- Provide timely advice to education staff, and liaise with specialist services to help CYP get the right support and stay in education

The service develops and delivers innovative methods to make a real difference to the lives of young people in Derby & Derbyshire.

Service Structure

The staffing structure is made up of an integrated skill mix team located in Derby & Derbyshire.

These roles include Supervising Practitioners, Assistant/Trainee/Qualified Education Mental Health Practitioners and specialist technical roles with staff coming from a wide range of professional backgrounds.

The Service Manager is supported by Team Leaders and a Senior Administrator who provide oversight and local leadership to the skill mix team.

Purpose of the Role

The post holder is responsible for supporting the development of the teams and embedding its services within educational settings in Derby & Derbyshire.

The post holder will hold a caseload and undertake the role of care-co-ordinator for children and young people with mild to moderate mental health problems in educational settings. Working as an autonomous and accountable practitioner within a multidisciplinary team. This involves the assessment, planning, implementation and evaluation of the care for the child or young person.

The post holder is also responsible for developing and disseminating packages of care. The care may include a variety of evidenced based interventions to children and young people and work with parents and teaching staff on an individual and in a group setting. The post holder works collaboratively with young people and their families incorporating the use of outcome measures within their work. They offer

specialist support, consultation and training to staff within the service and other agencies where appropriate.

Trainee Supervising Practitioners will directly deliver evidence-based interventions to support the recovery of young people referred to the service, utilising skills and knowledge of CBT and child and adolescent mental health practice, and knowledge of whole school approaches to mental health. This work will be in accordance with clinical governance processes and professional standards.

Trainee Supervising Practitioners will be supported by the service to learn and develop skills in providing CBT informed clinical supervision to Trainees and Educational Mental Health Practitioners (EMHPs). Trainee Supervisors must undertake a PG Certificate in Clinical Supervision following this period of consolidation in practice.

Key Duties and Responsibilities

1. Service Delivery

- 1.1 Develop educational and evidenced-based intervention packages for group delivery in the education setting in line with Whole School Approach.
- 1.2 Support the development of projects within the CYPs services as and when required.
- 1.3 Support senior mental health leads and other educational staff to develop and embed Whole School Approaches through audit, pupil profiling and action planning.
- 1.4 Through link sessions and consultation, act as the initial point of contact for CYPs, schools and partner agencies on mental health and emotional wellbeing related issues and assess, facilitate/co-ordinate and refer on where appropriate.
- 1.5 Respond swiftly and make a professional judgement to identified needs following specific care pathways. Delegate and reassign to skill mix team in line with their role and responsibilities/competency level.
- 1.6 Contribute to the development and provision of services to children and young people.
- 1.7 Work with a defined caseload of CYP as part of a skill mix team, providing assessment, planning and interventions for CYP with mild to moderate mental health needs. This will include the provision of highly skilled professional care, psychological interventions, group work, assessment, risk assessments / risk management and inclusion and ensuring coproduction with CYPF and the education staff.
- 1.8 Provide advice to other members of staff and trainees and act as a role model.
- 1.9 Liaise with all members of the skill mix team and outside agencies in the implementation of support.
- 1.10 Ensure that interventions are evidence-based and up-to-date.
- 1.11 Contribute to the development of ideas and innovative practice and propose changes to protocols and procedures within the service.
- 1.12 Initiate and participate in departmental audit as requested by the Service Manager.

- 1.13 Participate in the Duty rota.
- 1.14 Actively contribute where appropriate in line with role and responsibilities to safeguarding multi-agency assessments, meetings and reports including CAF, CIN, LAC and CP.
- 1.15 Proactively manage a caseload, prioritising cases according to risk and level of need and keeping up-to-date and accurate records.
- 1.16 Demonstrate the clear and effective use of outcome measures for CYPFs.
- 1.17 Develop and maintain therapeutic relationships with CYPFs who may at times be difficult to engage.
- 1.18 Communicate complicated or highly sensitive information such as the outcome of assessment to CYPF in a way that allows them to fully understand what is required.
- 1.19 Maintain accurate records of all contacts ensuring timely input into the Client Information System.

2. Leading and Managing People

- 2.1 Effectively support staff in order to deliver results; inspiring others to be positive in their everyday practice and service delivery.
- 2.2 Clinically supervise staff and support trainees within the team.
- 2.3 Contribute to ensuring adequate cover for the service throughout the year in collaboration with the local leadership team.

3 Developing effective relationships

- 3.1 Be an active member of the team and reflect Compass' values.
- 3.2 Actively work towards developing and sustaining effective working relationships with partner agencies in accordance with Joint Working Agreements/Service Level Agreements.
- 3.3 Take ownership and actively contribute to the development of sustainable partnerships, care pathways and shared expertise to promote effective information sharing.

4. Managing Self

- 4.1 Prioritise own workload within agreed objectives using initiative.
- 4.2 Participate in regular supervision in accordance with professional guidelines.
- 4.3 Take responsibility for own learning and professional development in line with Compass' Learning and Development framework and guidelines for professional practice.
- 4.4 In conjunction with own line manager, take responsibility for shaping and directing your assigned specialist themed lead area of work and supporting others in the development of their themed area.
- 4.5 Participate in the Compass performance review process and respond to agreed objectives.
- 4.6 Take responsibility for own and others' health and safety in the working environment.

- 4.7 Ensure that confidentiality is upheld at all times in line with Compass policy.
- 4.8 Ensure safeguarding responsibilities are delivered in line with role and competency level.
- 4.9 Work in accordance with Caldicott Principles and Data Protection principles and adhere to all relevant Compass policies, procedures and guidelines.
- 4.10 Maintain accurate records in line with the Compass policies and procedures.
- 4.11 Skilled at managing conflict that may arise whilst working on behalf of Compass.
- 4.12 Promote and adhere to equality of opportunity and diversity within Compass.

In addition to these functions the post holder is expected to:

Carry out other duties as may be reasonably expected in accordance with the responsibilities/ competency level of the post.

Personal Specification

	ESSENTIAL	DESIRABLE
Qualifications	<ul style="list-style-type: none"> • Core professional and/or clinical qualification e.g. EMHP, CWP, PMHW, nursing with specialism in mental health or learning disability nursing, Occupational Therapy, Social Work • Evidence of continued professional development • Post Graduate Certificate in Supervision (EMHP supervisor course) <p style="text-align: center;">or</p> <ul style="list-style-type: none"> • Two years' post qualification experience of working therapeutically with children and young people and willingness to undertake PG Cert if required 	<ul style="list-style-type: none"> • Management / supervision training • Therapeutic post graduate qualification (ideally in low intensity CBT) • Post Graduate qualification in a relevant discipline • Mentorship qualification
Knowledge & Experience	<ul style="list-style-type: none"> • Two years' post qualification experience of working therapeutically with children and young people e.g., as an EMHP/CYP-IAPT practitioner • Experience of line management and/or delivery of clinical supervision • Experience of delivering CBT informed supervision, ideally of practice related to education settings • Experience of working in a community and/or educational environment • Evidence of clinical development in practice • Experience of effective engagement with CYPF • Risk assessment and management in the delivery of clinical services (including safeguarding) 	<ul style="list-style-type: none"> • Experience of leadership within Children and Young People clinical service areas • Experience of providing mentorship • Experience of organising team duties • Experience of inducting staff members • Experience of working in a community and/or educational environment <p style="text-align: center;">Experience of working in a skill mix team</p>

Skills & Aptitude	<ul style="list-style-type: none"> • Leadership and the ability to delegate and supervise staff • Recognition and escalation of risk, contributing to control measures • Planning workload, time management • Work under pressure and able to manage changing priorities • Understand need for evidence and statistical data collection, and achieving targets • IT skills • Team player and a dynamic personality • Multi-agency/disciplinary working • Excellent communication skills and able to relate to CYPFs • Innovative practice and ability to influence others • Positive attitude; flexible and adaptable; solution focused; and tenacious. • Has a strong degree of personal integrity 	<ul style="list-style-type: none"> • Ability to analyse, evaluate and rationalise data and enable progressive models of delivery and intervention
Other	<ul style="list-style-type: none"> • Able to work all year round and flexibly as part of a team to best meet business need • Possession of full UK driving licence and access to vehicle • Ongoing commitment to maintain registration in core profession 	