

PG Diploma in Mental Health and Emotional Wellbeing Studies in the Educational Environment (EMHP)

- Education Mental Health Practitioners (EMHPs) are specialist practitioners in assessing and treating mild to moderate depression and anxiety in children and young people in education settings.
- They also provide additional support to the education setting through a whole school approach to mental health and wellbeing.
- 1 year course

EMHP Module Overview

Module 1

Core knowledge for EMHP Practice (20 L7 credits)

Module 2

Skills for Engagement and Assessment in EMHP Practice (30 L7 credits)

Module 3

Evidence Based Interventions for Anxiety and Depression in EMHP Practice (30 L7 credits)

Module 4

Fundamental principles and group practice for supporting CYP Mental Health and Emotional wellbeing within the Education setting (40 L7 credits)

EMHP Course Requirements

- **Teaching** – This will be on a Monday and Tuesday each week (around 64 days). Trainees may need to attend for assessments or 1:1 tutorials on other days in the week.
- **Independent study days** - these will be agreed with the trainee's employer but should be 25 days over the year.
- **This is a full-time programme** - trainees will be expected to spend their working week attending University teaching, undertaking clinical work, attending supervision and engaging in independent study.
- **Supervision** – trainees are expected to meet the minimum number of clinical hours during the programme; they should have access to suitably trained Low Intensity supervisors.
- **Minimum clinical requirements** – 80 clinical hours, 20 hours CSS, 20 hours CMS, 8 completed cases.

EMHP Entry Requirements

- An Honours degree (2:2 or above) or equivalent level 6 study.
- If an applicant demonstrates an extraordinary level of clinical experience at interview but does not hold a degree, admission may be considered.